

SAMPLE MENU FOR L&E



| | Breakfast | Lunch | Supper |
|-------------|--|--|---|
| Arrival Day | - | - | <ul style="list-style-type: none"> Lasagne or veggie lasagne with mixed salad & fresh bread Apple crumble with cream |
| Day 1 | <ul style="list-style-type: none"> Bacon, hash browns & baked beans | <ul style="list-style-type: none"> Steak & mushroom pie or vegetable pie with chips & marrowfat peas Chocolate fudge cake | <ul style="list-style-type: none"> Pork sausages or Quorn sausages with mashed potato & baked beans Fruit jellies |
| Day 2 | <ul style="list-style-type: none"> Sausages, potato waffles & spaghetti hoops | <ul style="list-style-type: none"> Battered cod or vegetable burger with chips & garden peas Lemon & raspberry drizzle cake | <ul style="list-style-type: none"> Ham & mushroom pasta bake or broccoli & mushroom pasta bake with mixed salad & garlic bread Chocolate mousse |
| Day 3 | <ul style="list-style-type: none"> Pain au chocolate | <ul style="list-style-type: none"> Meatballs or roasted veg in tomato sauce with penne pasta with salad, fresh bread & grated cheese Red cherry pie with ice cream | <ul style="list-style-type: none"> Chicken & ham pie or mushroom & pepper pie with new potatoes & baton carrots Syrup sponge with custard |
| Day 4 | <ul style="list-style-type: none"> Bacon, hash browns & baked beans | <ul style="list-style-type: none"> Swiss cottage pie or vegetable cottage pie with steamed cabbage Pear crumble with cream | <ul style="list-style-type: none"> Chicken & chorizo pasta bake or roasted veg in a tomato sauce with salad & bread Chocolate sponge with chocolate sauce |
| Day 5 | <ul style="list-style-type: none"> Sausages, potato waffles, spaghetti hoops | <ul style="list-style-type: none"> Cowboy casserole or spicy bean casserole with jacket potatoes, coleslaw & cheese Chocolate brownies with chocolate sauce | <ul style="list-style-type: none"> Mild chicken curry or vegetable curry with rice & Naan bread Eton mess |
| Day 6 | <ul style="list-style-type: none"> Belgium waffles with warm syrup | <ul style="list-style-type: none"> Packed Lunch | <ul style="list-style-type: none"> Mexican chicken wraps or veggie wraps with spicy jacket wedges & mixed salad Fruit salad & cream |
| Day 7 | <ul style="list-style-type: none"> American pancakes with warm syrup | <ul style="list-style-type: none"> Roast chicken or stuffed peppers with roast potatoes, carrots & peas Apple & cinnamon pie with custard | <ul style="list-style-type: none"> BBQ Ice cream factory |