		Μ	ARION HALL SAMPLE	MENU		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			BREAKFAST			
BREAKFAST 7:30-8:30AM	BREAKFAST 7:30-8:30AM	BREAKFAST 7:30-8:30AM	BREAKFAST 7:30-8:30AM	BREAKFAST 7:30-8:30AM	BREAKFAST 7:30-8:30AM	BREAKFAST 7:30-8:30AM
WAFFLE	CLASSIC BREAKFAST	BREAKFAST HASH	FRENCH TOAST	BREAKFAST SANDWICHES	CLASSIC BREAKFAST	BREAKFAST WRAPS
BERRY COMPOTE, SYRUP	HASHBROWNS, FRIED EGG	PEPPERS, TOMATO, HAM	BERRY COMPOTE, SYRUP	HASHBROWNS, SAUSAGE	HASHBROWNS, FRIED EGG	BACON, SCRAMBLED EGG,
BACON, SCRAMBLED EGG	SAUSAGE	POACHED EGGS	BACON, SCRAMBLED EGG		SAUSAGE	HASHBROWNS
IOT GRAIN CEREAL	STEEL CUT OATS	OATMEAL	HOT GRAIN CEREAL	OATMEAL	STEEL CUT OATS	HOT GRAIN CEREAL
Vhole Fruit & Yogurt	Whole Fruit & Yogurt	Whole Fruit & Yogurt	Whole Fruit & Yogurt			
Coffee & Tea, Cereal Station	Salad/ Sandwich Bar	Coffee & Tea, Cereal Station	Coffee & Tea, Cereal Station			
Muffins, Fruit Salad	Scones, Parfaits	Smoothies, Croissants	Muffins, Fruit Salad	Cinnamon Buns	Scones, Parfaits	Muffins, Smoothie, Fruit Cups
			LUNCH			
LUNCH 11:45 AM - 1:00pm	LUNCH 11:45 AM - 1:00pm	LUNCH 11:45 AM - 1:00pm	LUNCH 11:45 AM - 1:00pm			
CHICKEN QUESADILLA	EGG FRIED RICE	BUILD YOUR OWN RAMEN BOWLS	THAI CHICKEN WRAP	TURKEY CLUB	BEEF BURRITO	CHICKEN SALAD CROISSANT
TORTILLA CHIPS, QUESO SAUCE	VEGETABLE DUMPLINGS	GINGER GARLIC BROTH	CRISPY CHICKEN, LETTUCE	LETTUCE, TOMATO, BACON	REFRIED BEANS. RICE	LEAF LETTUCE
TOMATO, GREEN ONION	ASIAN STYLE VEGETABLE	CARROTS, EGG, RADISH	CARROTS, PEPPERS	SOURDOUGH BREAD	TOMATO, LETTUCE	FRESH FRIED CHIPPERS
SALSA, SOUR CREAM, GAUCAMOLE	SPRING ROLL	NOODLE	CARROTS, FEITERS		CHEDDAR CHEESE	
Soup/Salad/Sandwich Bar	Soup/Salad/Sandwich Bar	Soup/Salad/Sandwich Bar	Soup/ Salad/ Sandwich Bar	Soup/Salad/Sandwich Bar	Soup/ Salad/ Sandwich Bar	Soup/ Salad/ Sandwich Bar
Vegetarian:	Vegetarian:	Vegetarian:	Vegetarian:	Vegetarian:	Vegetarian:	Vegetarian:
VEGETARIAN QUESDILLA	FRIED RICE	RAMEN BOWLS	VEGETABLE WRAP	VEGETABLE CLUB HOUSE	VEGAN BURRITO	ROASTED VEGETABLE CROISSANT
VEGETARIAN QUESDILLA	FRIED RICE	RAMEN BOWLS	DINNER	VEGETABLE CLOB HOUSE	VEGAN BURRITO	ROASTED VEGETABLE CROISSANT
DINNER 6:00-7:00PM	DINNER 6:00-7:00PM	DINNER 6:00-7:00PM	DINNER 6:00-7:00PM	DINNER 6:30-7:30PM	DINNER 6:00-7:00PM	DINNER 6:30-7:30PM
PORK CHOP	BUTTER CHICKEN	CAULIFLOWER PARMESAN	GREEK STYLE CHICKEN THIGHS	SIRLOIN STEAK	BANGERS AND MASH	PANKO LING COD
ΒΑΒΥ ΡΟΤΑΤΟ	RICE PILAF	WARM QUINIA WITH SQUASH	NEW POTATOS, VEGETABLES	BAKED POTATO W/ CONDIMENTS	MASHED POTATO, GRAVY	GARLIC CREAM SAUCE
SEASONAL VEGETABLES	NAAN BREAD	KALE, BLACK BEAN, PEPPERS	GARLIC PITA	VEGETABLES	MIXED VEGETABLES	BASMATI RICE PILAF
	ROASTED CAULIFLOWER & CARROT		TZATZIKI			PEPPERS, BEANS
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
/egetarian:	Vegetarian:	Vegetarian:	Vegetarian:	Vegetarian:	Vegetarian:	Vegetarian:
LACK BEAN CAKES	CURRIED CHICKPEA CAKES	CAULIFLOWER PARMESAN	FALAFEL	PORTABELLA MUSHROOM	BEYOND SAUSAGE	LENTIL PATTY
Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:
COOKIES	APPLE CRISP	CHOCOLATE CAKE	DONUTS	ICE CREAM SANDWICH	TRIFLE CUPS	CREAM PUFFS